



# Walk for Women

## INTERNATIONAL WOMEN'S DAY SPONSORED WALK

**14<sup>TH</sup> MARCH 2010**

This year on Sunday March 14<sup>th</sup>, Faiths Act Fellows London are organising a sponsored walk to commemorate International Women's Day and celebrate Mothering Sunday: the **Walk for Women**. The walk is 10 miles from Kew Green to Embankment Gardens. The end of the walk will take the route of the Mud March which took place on February 7, 1907. It was the first large procession organised by the National Union of Women's Suffrage Societies. 3000 women walked through the streets of London from Hyde Park to Exeter Hall (The Strand).

With the theme of empowered women, we will be raising money for **Project Muso Ladamunen**, the Project for the Empowered Woman ([www.projectmuso.org](http://www.projectmuso.org)). Project Muso partners with mothers in Mali to enable them to free themselves of the poverty-disease trap. Through their **Women's Education Program, Springboard Microfinance Program, and Community-Based Malaria Program**, Malian women are afforded an opportunity to turn their hopes into real possibilities.

We want you come together in solidarity with the empowered women of Mali whilst raising awareness about the important role women play in the world.

Registration is £10. This is to help us cover the costs of the walk and includes a **Walk for Women** T-shirt which you will get on the day. We are asking you to raise a minimum of £100 sponsorship, however if this is too much then please raise what you can. To register please fill out the registration form below and email Myriam at: [myriam.volk@faithsactfellows.org](mailto:myriam.volk@faithsactfellows.org). Alternatively you can post it to: Jewish Social Action Hub, Haskell House, 152 West End Lane, London, NW6 1SD. Once you have registered, you will receive a sponsorship form and information regarding procedures for the day itself.

If you have any other queries do not hesitate to email or call Myriam on 07754 589 340.

All the best,

Natasha Steele and Myriam Volk



## REGISTRATION FORM FOR 'WALK FOR WOMEN'

All walkers must fill in a registration form, sign the declaration and return by email to (myriam.volk@faithsactfellows.org) or post to (Jewish Social Action Hub, Haskell House, 152 West End Lane, London, NW6 1SD).

NAME: ..... AGE: .....

EMAIL: .....

ADDRESS:  
.....  
.....  
.....

TELEPHONE: ..... MOBILE: .....

If sending registration fee as a cheque please make the £10 payable to 'Myriam Volk'.

### Please tick relevant boxes

- I would like to participate in the **Walk for Women on Sunday 14<sup>th</sup> March 2010**.
- I do not want to participate in the walk but would like to make a donation to Project Muso Ladamunen (please make cheques payable to 'Under the Baobab Tree').
- Please send me/ email me a sponsorship form.
- I will be registering with FirstGiving.com and do not require a sponsorship form (Please note: FirstGiving charges 7.5% so we encourage you to raise sponsorship via cheque or cash, using a sponsorship form).
- I would like to receive monthly emails about future volunteer opportunities and events from the Faiths Act Fellowship.
- I would like a SMALL / MEDIUM / LARGE T-Shirt. [Please delete as appropriate]

Enclosed is my £10 registration fee. I understand that I take part in this event at my own risk, and that Faiths Act Fellows cannot be held responsible for any loss, damage or injury incurred whilst participating.

Signature..... Date.....