



Cooking From the Heart

A Multicultural Culinary Celebration of New Beginnings

Sunday 21 March 2010 at the Jewish Museum

*Join special guest **Claudia Roden** for a banquet of food and music from around the world. Try out delicious dishes prepared by passionate cooks from different cultures, backgrounds and faiths and share in a wonderful evening of food, stories and song.*

WE ARE LOOKING FOR

- PEOPLE WHO ARE PASSIONATE ABOUT COOKING
- PEOPLE WHO LOVE TO COOK FOOD FROM THEIR OWN CULTURES
- PEOPLE WHO HAVE STORIES ABOUT THEIR RECIPES AND FOOD

YOU WILL BE ABLE TO

- COOK AT HOME AND SHARE FOOD WITH OTHERS AT THE EVENT
- TRY OUT DISHES FROM OTHER CULTURES
- MEET OTHER LOCAL COOKS IN AN INFORMAL SOCIAL GATHERING

Each cook will have space to present 2-3 vegetarian dishes.

We are asking each cook to prepare dishes for at least 6 people.

Each dish will be signed with the name of the cook with a short description.

Bring your food on the day and re-heat it (if needed) at the museum.

To take part please contact Laura Jacobs as soon as possible at laura@fertile-ground.co.uk or call 07947 073 738

To see past *Cooking from the Heart* events please visit <http://www.hafla.org/page2.htm>